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**EMPIRE 8 ANNOUNCES VOLLEYBALL ALL-CONFERENCE TEAM
Tricia Jones of Nazareth Named Player of the Year For Second Consecutive Year**

ROCHESTER, NY – The Empire 8 announced its 2004 Volleyball All-Conference teams with senior middle hitter Tricia Jones of Nazareth College being named 2004 Empire 8 Player of the Year and earning first-team all-conference honors, the second year in a row she earned top player honors.

Jones recorded a .457 hitting percentage in conference play with 130 kills and just 25 errors in 230 attacks. She added 93 digs and 43 blocks in seven league matches. Overall, she led all Empire 8 players with a .413 hitting percentage and 4.9 kills per game. She also placed second in service aces (0.5 per game), second in blocks (1.4 per game), and 10th in digs (4.2 per game).

First-year outside hitter Katie Hause of conference champion Ithaca College was named Rookie of the Year and was selected to the second team. She hit .385 with 81 kills and 74 digs in seven conference matches. Janet Donovan was named Coach of the Year for leading the Bombers to the conference title and a berth in the NCAA Division III tournament.

Empire 8 2004 Volleyball All-Conference Awards

Player of the Year: Tricia Jones, Nazareth College

Rookie of the Year: Katie Hause, Ithaca College

Coach of the Year: Janet Donovan, Ithaca College

First Team

Name	Yr.	Position	School
Christina Anabel	Jr.	OH	RIT
Sarah Ballard	Sr.	S	RIT
Andrea Blitz	Jr.	MH	Ithaca College
Tricia Jones	Sr.	MH	Nazareth College
Colleen Kiser	So.	OH	St. John Fisher College
Julia Roth	Sr.	OH	Ithaca College

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S P O R T S I N F O R M A T I O N D I R E C T O R

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Second Team

Name	Yr.	Position	School
Jen Cramer	Sr.	MH	Ithaca College
Laura Grell	So.	L	RIT
Bonnie Harriman	Jr.	OH	RIT
Katie Hause	Fr.	OH	Ithaca College
Sara Shipley	Sr.	OH	Nazareth College
Kristen Wheaton	Sr.	OH	Elmira College

Honorable Mention

Name	Yr.	Position	School
Casey Buss	Fr.	S	Ithaca College
Hannah Cordes	Fr.	S	St. John Fisher College
Jessica Mezei	So.	OH	Elmira College
Tricia Mirabella	Jr.	OH	Utica College
Heather Nichols	Jr.	OH	Nazareth College
Kristi Pallotta	So.	OH	St. John Fisher College
Beth Sanger	Jr.	OH	Alfred University

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